



CHAMPIONNAT DE LA F.L.S. ET DE LA LASEL A ADELBODEN - 17 JANVIER 2016

COMMISSION NORDIQUE

RESULTATS COURSE CLASSIQUE - COURTE DISTANCE



Distance 3.5 km (1 tour)					Temps	Ecart							
1	FRANCISCO Luis	2002	U14	1er Lux	00:19:18								
1	WINBOMONT Claire	1999	U18	1 ^{ère} Lux	00:21:07								
Distance 7 km (2 tours)					Temps	Ecart	Intermédiaire 1	1er tour	2e tour				
1	MANIORA Loïc	2000	U16	1 ^{er} Lux	00:33:23		00:16:25	00:16:25	00:16:58				
1	FRANK Ben	1998	U18	1 ^{er} Lux	00:32:46		00:15:59	00:15:59	00:16:47				
1	FLESCH Anouk	1997	U21	1 ^{ère} Lux	00:42:16		00:20:35	00:20:35	00:21:41				
2	HOUOT Lisa	1997	U21	2e Lux	00:44:37	00:02:21	00:22:07	00:22:07	00:22:30				
Dames 10 km (3 tours)					Temps	Ecart	Intermédiaire 1	Intermédiaire 2	1er tour	2e tour	3e tour		
1	TOIVONEN Eeva-Liisa			Championne FLS	00:49:53		00:16:07	00:32:59	00:16:07	00:16:52	00:16:54		
2	WOHL Nicole			Championne Nationale	01:07:17	00:17:24	00:21:49	00:45:14	00:21:49	00:23:25	00:22:03		
3	SCHMITT Martine			2e Lux	01:09:22	00:19:29	00:22:37	00:46:19	00:22:37	00:23:42	00:23:03		
Seniors 13 km (4 tours)					Temps	Ecart	Intermédiaire 1	Intermédiaire 2	Intermédiaire 3	1er tour	2e tour	3e tour	4e tour
1	FLESCH Pol			Champion National	00:54:48		00:13:58	00:27:29	00:41:06	00:13:58	00:13:31	00:13:37	00:13:42
2	WEIS Eric			2e Lux	00:55:07	00:00:19	00:13:59	00:27:32	00:41:24	00:13:59	00:13:33	00:13:52	00:13:43
3	MANIORA Yonel				00:59:56	00:05:08	00:14:44	00:29:49	00:44:52	00:14:44	00:15:05	00:15:03	00:15:04
4	LEYDER Jean			3e Lux	01:00:00	00:05:12	00:15:00	00:30:19	00:45:18	00:15:00	00:15:19	00:14:59	00:14:42
5	FLESCH Christian				01:01:46	00:06:58	00:14:56	00:30:15	00:45:46	00:14:56	00:15:19	00:15:31	00:16:00
6	WINBOMONT Dany				01:03:31	00:08:43	00:15:16	00:30:55	00:46:59	00:15:16	00:15:39	00:16:04	00:16:32
7	WIES Ghislain				01:05:03	00:10:15	00:15:56	00:32:13	00:48:35	00:15:56	00:16:17	00:16:22	00:16:28
8	REUTER Emile				01:10:35	00:15:47	00:16:50	00:34:30	00:52:31	00:16:50	00:17:40	00:18:01	00:18:04
9	KOSMALA Herbert				DNF		00:20:42	00:42:20		00:20:42	00:21:38		

